

"HIP" GROCERY PRICE POINTS

ITEM

Avg. from 4 States Stock Up Price

A

Apples (per lb.)	\$1.42	\$0.99
Applesauce (48 oz jar)	\$2.18	\$1.25
Applesauce Cups (6 ct)	\$1.82	\$1.25
Allergy medicine (children's - lowest price)	\$1.98	\$1.00
Allergy medicine (adult - lowest price)	\$6.55	\$3.50
Aspirin (pain relievers 100ct)	\$1.05	\$0.75
Air freshener spray (per can)	\$0.98	\$0.45
Avocados - large	\$1.18	\$0.75

B

Baby Formula (Store Brand, 25 oz)	\$13.60	\$9.99
Baby Shampoo or Wash (28 oz)	\$2.82	\$1.00
Bacon (12 oz)	\$3.93	\$1.25
Bags (Gallon 25 ct)	\$3.10	\$0.50
Bags (Quart 25 ct)	\$2.45	\$0.50
Bags (Sandwich 100 ct)	\$2.68	\$0.99
Bags (Garbage, 100 ct)	\$9.70	\$5.25
Bananas (per lb.)	\$0.49	\$0.35
Band-aids (20-40 ct.)	\$1.80	\$0.50
Batteries (per battery)	\$0.65	\$0.25
BBQ Sauce 18oz	\$1.50	\$0.50
Beans (Dried, per lb.)	\$1.31	\$0.50
Beans (Canned, 15-15.5 oz.)	\$0.84	\$0.49
Beans (Refried, 15 oz)	\$0.87	\$0.50
Beef (Chuck Roast per lb.)	\$4.72	\$1.99
Beef (Ground per lb.)	\$4.08	\$2.25
Beef (Lean Ground per lb.)	\$5.87	\$2.50
Beef (Ribeye or T-Bone Steak per lb.)	\$9.02	\$5.00
Beef (Petite Sirloin/Top Sirloin per lb.)	\$6.73	\$2.89
Beef (New York Steak per lb.)	\$9.12	\$4.99
Beef (Tenderloin Steak per lb.)	\$18.31	\$8.99
Body Wash (12 oz)	\$1.65	\$0.75
Bread (Store Brand)	\$1.20	\$0.88
Bread (Premium)	\$2.43	\$1.75
Broccoli (per lb.)	\$1.36	\$0.69
Broth (Chicken/Beef/Vegetable 14.5 oz can)	\$0.85	\$0.49
Brownie Mix	\$1.15	\$0.50
Butter (Quarters, per lb.)	\$3.11	\$1.99

C

Cake Mix (box)	\$1.32	\$0.50
Candle, small	\$1.98	\$0.50
Candy (Single Serve Bars)	\$0.88	\$0.35
Candy (Bagged Fun Size)	\$2.67	\$1.25
Cantaloupe (each)	\$1.98	\$1.00
Cat Food (3 lb.)	\$3.22	\$2.00
Cat Food (Canned 5.5 oz)	\$0.47	\$0.25
Cat Litter (10 lb bag)	\$10.84	\$3.00
Cauliflower (each)	\$3.21	\$1.99
Cereal	\$2.35	\$1.25
Cereal Bars/Breakfast Bars box	\$2.25	\$1.25
Chapstick (lip balm)	\$0.98	\$0.50
Charcoal (per lb.)	\$0.52	\$0.25
Cheese Block (per lb.)	\$2.86	\$2.00
Cheese (Parmesan 8 oz)	\$2.73	\$1.25
Cheese (Shredded 8 oz)	\$2.61	\$1.50
Cheese (Cream 8 oz block)	\$2.17	\$0.80
Cheese (String, 10 ct)	\$3.06	\$1.50
Chex Mix (8.75 oz bag)	\$1.98	\$0.75
Chicken (Boneless, Skinless Breasts, per lb.)	\$2.40	\$1.19
Chicken (Breast w/ribs, per lb.)	\$1.93	\$0.99
Chicken (Drumstick/Leg/Thigh, per lb.)	\$1.26	\$0.80
Chicken (Whole Fryer, per lb.)	\$1.03	\$0.50
Chicken (Wings, per lb.)	\$2.67	\$2.00
Chips (Potato, 11-13 oz)	\$2.37	\$1.25
Chips (Tortilla 13 oz)	\$2.44	\$1.75
Chocolate Chip Morsels (10 oz bag)	\$2.38	\$1.25
Cleaners (Bleach, 96 oz)	\$2.31	\$0.50
Cleaners (Windex, Fantastic, etc)	\$2.72	\$1.00
Coffee creamer	\$1.49	\$1.00
Contact Lens Solution (12 oz)	\$5.52	\$2.50
Cookie Mix - dry (17.5oz bag)	\$1.92	\$0.50
Cookies (Refrigerated Dough)	\$2.36	\$1.00
Cooking Spray (Pam)	\$2.33	\$1.50
Corn on the cob (per cob)	\$0.62	\$0.20
Cosmetics (various)	\$2.50	\$0.5-\$1.99
Cottage Cheese (16 oz)	\$2.13	\$1.00
Cotton balls (100 ct)	\$0.93	\$0.50
Cotton Swabs (500 ct.)	\$1.94	\$1.00
Cucumbers (each)	\$0.65	\$0.40
Crescent rolls (6 ct, refrigerated)	\$1.82	\$0.75
Crackers (Ritz, etc. - 13oz. box)	\$2.50	\$1.25

D

Deodorant	\$1.23	\$0.50
Dental floss	\$0.95	\$0.25
Diaper Cream (Name brand)	\$4.49	\$1.75
Diapers (Brand Name, Jumbo)	\$8.97	\$4.99
Diapers (Store brand, Jumbo)	\$6.34	\$3.99
Diapers (Pull-Ups Jumbo)	\$8.97	\$4.99
Diaper Wipes (Generic, 72ct)	\$1.88	\$1.00
Diaper Wipes (Brand Name, 72ct)	\$2.07	\$1.25
Dishwasher Detergent	\$2.80	\$1.25
Dish Soap (Dawn, 9oz)	\$0.97	\$0.50
Dog Food (5 lb.)	\$5.27	\$2.99
Dog Food (Canned, 13.2 oz.)	\$0.67	\$0.33
Dried Onions (6 oz can)	\$1.62	\$1.00

E

Ensure Nutritional Drinks (6 ct)	\$8.08	\$4.25
Eggs, per dozen	\$2.00	\$1.25

F

Fabric Softener (Liquid, 128 oz)	\$8.28	\$2.99
Fabric Softener (Sheets, 80 ct)	\$2.76	\$1.00
Facial wash	\$3.77	\$1.75
Facial Tissue 100 ct (per box)	\$1.23	\$0.65
Feminine pads	\$3.37	\$1.25
Feminine tampons	\$3.86	\$1.25
Feminine pantliners	\$1.60	\$0.50
First Aid Ointment	\$2.60	\$1.00
Flour (All Purpose, 5 lb.)	\$2.06	\$1.25
Frosting (tub)	\$1.57	\$0.80
Fruit Snacks (10 ct)	\$1.87	\$0.80

G

Grapes (per lb.)	\$2.68	\$0.99
Gravy/Seasoning Mixes (per packet)	\$0.74	\$0.25
Gum (15 ct packs)	\$0.79	\$0.25

H

Hair Care (Shampoo/ Conditioner)	\$1.41	\$0.50
Hair Color	\$4.30	\$2.00
Hair Care (Spray, Gel, Stylers)	\$2.26	\$1.00
Ham (Spiral Slice, per lb)	\$3.44	\$1.29
Hamburger/Hot Dog buns (8 ct)	\$1.94	\$1.00
Hand Sanitizer (8 oz)	\$1.98	\$1.00

Hot Dogs (8 ct)	\$2.12	\$0.75
Hot Cocoa (8 ct box)	\$1.17	\$0.50

I

Ice Cream (Gallon)	\$6.36	\$3.99
Ice Cream (Novelties)	\$2.42	\$1.00
Ice Cream (Sherbet, ½ gallon)	\$3.89	\$1.25

J

Juice (64 oz)	\$1.91	\$1.25
Juice refrigerated (cocktail)	\$1.83	\$1.25
Juice concentrate (frozen, 12 oz)	\$1.18	\$0.85
Juice Boxes (8-10 ct)	\$1.96	\$1.25

K

Ketchup (24 oz)	\$1.87	\$0.99
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L

Laundry Detergent 32-40 loads	\$3.17	\$2.25
Lettuce (Leaf, per head)	\$1.46	\$0.99
Limes (each)	\$0.27	\$0.10
Lubricant (KY, 2oz)	\$2.94	\$0.75
Lotion (10 oz)	\$1.99	\$1.00

M

Macaroni & Cheese (Kraft box 7.5 oz)	\$1.04	\$0.75
Mandarin Oranges (Canned, 11 oz)	\$0.93	\$0.35
Mayonnaise/Miracle Whip (32 oz)	\$3.09	\$1.50
Margarine (Sticks, 15 oz)	\$0.92	\$0.50
Margarine (Tub, 15 oz)	\$2.09	\$0.99
Marshmallows (16 oz bag)	\$1.47	\$0.75
Milk (Gallon)	\$2.66	\$1.99
Milk (Chocolate, ½ gallon)	\$2.98	\$1.25
Milk (Condensed, 14 oz)	\$1.90	\$0.75
Milk (Evaporated, 12 oz)	\$1.20	\$0.50
Mouthwash (1 liter)	\$4.32	\$1.50
Mushrooms (Fresh, 8 oz)	\$2.02	\$0.89
Mushrooms (Canned, 4 oz)	\$0.89	\$0.40
Mustard (14 oz)	\$1.33	\$0.75

N

Napkins (150 ct)	\$1.23	\$0.99
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O

Oatmeal (Boxed/Pre-packaged, 10 ct)	\$2.15	\$1.50
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Oatmeal (Rolled Oats, 42 oz)	\$3.04	\$0.99
Oil (Vegetable, 48oz)	\$2.44	\$1.00
Olive Oil (16oz)	\$4.39	\$2.99
Orange Juice (59oz)	\$2.34	\$1.25
Oranges (naval, per lb.)	\$1.17	\$0.75
Onions (per lb.)	\$0.73	\$0.45

P

Paper Towels (per roll)	\$0.94	\$0.50
Pancake Mix (32-40oz)	\$2.07	\$1.00
Pancake Syrup (24 oz)	\$2.23	\$1.00
Paper plates (50-70ct)	\$2.91	\$1.00
Pasta (Dried, 16oz box/bag)	\$1.09	\$0.50
Peanut butter (16-18oz)	\$2.32	\$1.25
Peanuts (10-16oz.)	\$2.82	\$1.00
Pickles (16-46 oz.)	\$1.89	\$1.00
Pie Shells (Frozen, 2 ct)	\$1.98	\$1.00
Pie Shell (Graham, 1 ct)	\$1.43	\$0.75
Pineapple (Fresh, each)	\$2.65	\$0.99
Pineapple (Canned 20 oz)	\$1.36	\$0.75
Pasta/Rice-A-Roni (4-7 oz.)	\$0.96	\$0.50
Pizza (Premium, frozen)	\$4.98	\$2.99
Plastic Wrap (100 s.f.)	\$2.04	\$1.00
Popcorn (3 ct box)	\$1.66	\$0.89
Pork Chops (Bone-in, per lb.)	\$2.98	\$1.25
Pork (Ribs - Baby Back, per lb.)	\$3.78	\$2.00
Potatoes (Canned, 15 oz)	\$1.03	\$0.50
Potatoes (Fresh, 5 lb. bag)	\$2.62	\$1.25
Powerade (32 oz)	\$0.87	\$0.50
Pregnancy Tests (name brand, 2ct)	\$7.91	\$4.25
Pudding (box)	\$0.80	\$0.20
Pumpkin (Libby's Canned, 29 oz)	\$2.57	\$0.99

R

Raspberries (6 oz)	\$3.18	\$0.99
Raisins (Snack Boxes, 6 ct)	\$1.71	\$0.99
Raisins (20oz)	\$3.16	\$1.89
Razors (Women's 3-10ct)	\$3.44	\$1.00
Razors (Men's, 3-10ct)	\$3.35	\$1.00
Razors, single	\$8.30	\$2.99
Rice (White, 1lb. bag)	\$1.28	\$0.99
Rice (Brown, per lb.)	\$1.00	\$0.60
Rice (Instant, 14 oz box)	\$1.82	\$0.89

S

Salad Dressing (16 oz)	\$1.61	\$0.75
Salad (Bagged, 16 oz)	\$2.23	\$1.25
Salad (Bagged Premium, 16 oz)	\$2.98	\$1.50
Sausage (per lb.)	\$3.51	\$1.89
Seafood (Shrimp 40-60 ct.)	\$6.75	\$3.99
Shaving Cream (per can)	\$2.17	\$0.75
Soap (per bar)	\$0.61	\$0.25
Soda (2 liter)	\$1.20	\$0.80
Soda (12 pack)	\$3.29	\$2.25
Sour Cream (16 oz)	\$1.93	\$0.99
Soy Sauce (10 oz)	\$1.74	\$0.75
Soup (Chicken Noodle/Tomato, 10.5 oz)	\$1.17	\$0.40
Soup (Cream, 10.5 oz)	\$1.14	\$0.40
Soup (Chunky, 18 oz)	\$1.50	\$0.80
Spaghetti Sauce (jar)	\$1.54	\$0.80
Strawberries (per lb.)	\$2.31	\$1.25
Stuffing mix (6-10 oz. box)	\$1.17	\$0.75
Sugar (White, 4-5 lbs.)	\$2.48	\$1.25
Sugar (Powdered or Brown, 2 lb.)	\$1.87	\$0.99

T

Tea (bagged, per box)	\$2.07	\$0.99
Tape (clear, per roll)	\$1.11	\$0.25
Toilet Paper (per single roll)	\$0.54	\$0.25
Tomato Sauce (8 oz)	\$0.47	\$0.20
Tomato Paste (6 oz)	\$0.54	\$0.20
Tomatoes (Canned)	\$1.03	\$0.50
Tomatoes (Fresh, per lb)	\$1.46	\$0.60
Toothbrush	\$1.95	\$0.25
Toothpaste (Adult)	\$1.80	\$0.50
Toothpaste (Kids)	\$0.95	\$0.25
Tuna (Canned, 6 oz)	\$0.80	\$0.25
Tuna (Pouch, 3 oz)	\$1.15	\$0.50
Turkey (Ground, per lb. or Whole Turkey)	\$3.53	\$1.25

V

Vegetables (Canned, per can)	\$0.73	\$0.45
Vegetables (Frozen, per 10 oz bag)	\$0.99	\$0.50
Vinegar (Gallon)	\$2.80	\$2.00
Vitamins (multi, 60-125ct)	\$4.08	\$2.50

W

Water (bottled, 24 ct)	\$3.23	\$2.00
Water (Jug, Premium)	\$1.00	\$0.50
Watermelon (each)	\$4.43	\$2.50

Whipped topping (frozen)	\$1.50	\$0.75
Whipping cream (½ pint)	\$1.82	\$0.99
Winter Squash (per lb.)	\$1.16	\$0.75
Worcestershire sauce (10 oz)	\$2.00	\$1.00

Y

Yams (Fresh, per lb.)	\$0.98	\$0.75
Yeast, 3 strip	\$1.03	\$0.45
Yogurt (single cup)	\$0.55	\$0.25
Yogurt (single cup, Greek)	\$1.00	\$0.50
Yogurt (Tub, 32 oz)	\$2.85	\$1.25

